



PEOPLE OF PEONY'S END OF LIFE CARE POLICY AND PROCEDURE

At People of Peony, we believe everyone deserves kindness, respect, and choices—right until the very end of life.

This guide explains how we support you if you're getting closer to the end of your life, or if you want to plan for that time in advance.

What Is End Of Life Care?

End of life care is the support we give you when:

- You have a serious illness
- You may be close to dying
- You want to talk about what matters most

We:

- Help you feel safe and comfortable
- Respect your wishes, culture, and beliefs
- Listen to you and your family or carers
- Support you at home, in hospital, or wherever you want to be



Planning Ahead

You have the right to:

- Talk about how you want to be cared for
- Choose where you want to be
- Say who can speak for you if you're too sick to decide

You can choose to write these things down in:

- A Plan for End of Life
- An Advance Care Plan
- A Living Will or Advance Health Directive
- An Enduring Power of Attorney (EPOA)

These are big names, but we can help explain them to you in a way that makes sense.

What is Palliative Care?

Palliative care helps people feel as good as possible when they're very sick. It:

- Focuses on comfort, not cure
- Supports your body, feelings, and spirit
- Can happen at home or somewhere else you feel safe

Your Rights

At People of Peony, you have the right to:

- Say yes or no to end of life planning
- Change your mind at any time
- Choose what's important to you
- Be cared for in your own way
- Be treated with dignity and love

Talking About It

You can:

- Ask for an interpreter or support person
- Have your family or carer help you
- Say if you'd like to include your culture, faith, or pets in the plan

We write down what you tell us and make sure your team understands it.

What About Voluntary Assisted Dying (VAD)

VAD is when a very sick person chooses to end their life with help from a doctor.

Important things to know:

- You have to meet strict rules to access VAD
- People of Peony doesn't give VAD medicine, but we can support you
- Some staff might say no to helping with VAD (and that's okay), but we'll make sure you still get the support you need

Who Can Help with VAD?

Only **doctors** or trained **nurses** can give the VAD medicine.

If you're thinking about VAD, we will:

- Listen without judgement
- Help you get info
- Connect you to the right professionals

Support workers **can't** bring it up, but they can answer your questions and direct you to your doctor.



After Someone Dies

If someone passes away:

- We will support family, friends, carers, and staff
- We might link people to counselling or grief support
- We will honour the person who has died in a meaningful way

Staff Responsibilities

Our staff:

- Are trained in how to care for people at the end of life
- Are taught about palliative care and communication
- Are given support too—it's okay for them to feel things deeply

We Keep Listening

We regularly check that:

- Your plan still matches your wishes
- Your preferences are being followed
- Your family or carers feel informed and supported

We change things if needed, because we know feelings and plans can shift.



DOCUMENT CONTROL

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