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# PEOPLE OF PEONY'S ASSESSMENT PLANNING AND REVIEW POLICY AND PROCEDURE

## What is this about?

This policy explains how People of Peony works with you to:

- Understand your needs
- Create a Support Plan that suits you
- Check in regularly to make sure it's still working

You'll be involved every step of the way.

# What is Assessment, Planning and Review?

#### **Assessment**

We talk with you to find out:

- What you need help with
- What goals you want to reach
- What support you already have
- What makes you feel happy, safe, and in control

We write this down and use it to help create your **Support Plan**.

# **Support Plan**

## Your Support Plan includes:

- What supports you'll get
- · Who will support you
- · When and where you'll get supports
- · Your health, safety and emergency needs
- · Your likes, dislikes, and communication style



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## **Review**

Once a year (or sooner if you want), we'll go through your Support Plan with

We'll check:

- What's working well
- What's not working
- If your goals have changed
- · If you want different support

You can ask for a review any time!

## Who is involved?

You can bring:

- · A family member
- A carer
- A friend

An
 advocate
 We'll also talk to your doctor or other services if you say it's okay.

# **Your Service Agreement**

We make a written agreement with you. It says:

- · What we promise to do
- What you agree to
- How much things cost (if anything)
- · What to do if something goes wrong

You get a copy of this agreement, and you can ask questions anytime.



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# What is in your Support Plan?

Your plan might include:

- Health support
- Safety support
- · Help with food or meals
- How we'll respond in an emergency
- · Cultural, religious, or gender preferences
- Communication tools and how you express needs
- · Who to call if something urgent happens

#### We make sure:

- · It's written in a way you understand
- You can read or hear it in your own language
- · You can change it if needed

## If You Move or Transition?

If you are:

- Coming to us from another provider
- Going to hospital
- Changing services

We help make the change smooth and easy. You'll have a **Transition Plan** so everything is planned and communicated clearly.

# **Meal Time Support**

If you need help with meals, we:

- Make sure your meals are safe for you
- Respect your culture and food preferences
- Make meals the way you like them
- · Check for allergies or risks



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## **Timelines**

We aim to:

- Do your first planning session within 5 days of joining
- Give you a Support Plan within 7 days
- Review your plan at least once a year (or sooner if needed)

## **Your Rights**

You have the right to:

- Be heard
- Choose your supports
- Say "no" to anything you don't want
- Be safe
- Get help in your own language
- Have someone with you (like a support person or advocate)

## **Our Promise**

At People of Peony, we:

- Treat you with respect
- Listen to your needs
- Make sure your supports fit you
- Involve you in all decisions
- Keep your information private and safe



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# **Need Help Understanding Your Plan?**

#### We'll:

- Explain it in Easy English
- Use pictures or other tools
- Get an interpreter or advocate
- Answer all your questions

## **DOCUMENT CONTROL**

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